

PROGRAM
Indulgence week
12.09.2026 - 19.09.2026

A week entirely dedicated to enjoyment:
with yoga, hikes in nature, culinary experiences, inspiring workshops, and many
beautiful moments to arrive, relax, and feel at ease.

SATURDAY, 12. SEPTEMBER 2026

Arrival at the Hotel Berghof | St. Johann in Salzburg

Time to unwind

Arrive, relax, and treat yourself to a soothing break in our
Berghof Wellness & Spa.

SUNDAY, 13. SEPTEMBER 2026

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| 08:30 a.m. -
09:30 a.m. | Namasté
Start your day together with our yoga instructor and a gentle
Vinyasa yoga session for body and mind.
(limited number of participants – registration required by 08.00
p.m. the evening before). |
| 06:30 p.m. | Aperitif reception
A warm welcome to the Indulgence Week at the Berghof.
From 06:30 p.m. onwards, we warmly invite you to join us for a
welcome aperitif. |

MONDAY, 14. SEPTEMBER 2026

- 09:00 a.m. - **Nature & Hiking | Hochglockner St. Johann**
03:00 p.m. Together with "Naturesa," you will hike to the summit of the Hochglockner. Along the way, you will learn interesting facts about local herbs and trees. At the top, a natural remedy will be prepared for your personal home pharmacy, and a herbal soup will be cooked. On request, a stop at the Rettenebenalm can be made on the way down. The hike only takes place in good weather conditions (limited number of participants – registration required by 06:00 p.m. the evening before).

TUESDAY, 15. SEPTEMBER 2026

- 03:00 p.m. **Cooking workshop at the Genussplatz**
Our head chef Alexander prepares a selection of refined creations together with you. Look forward to engaging conversations, new recipes, and plenty of enjoyment. (limited number of participants – registration required by noon the day before)

WEDNESDAY, 16. SEPTEMBER 2026

07:00 a.m.
Departure

Hike with Alpine Breakfast

Together with the Rettenwender family, you will start the day early with a hike to the Karseggalm (1,603 m). Enjoy the fresh mountain air and stunning natural scenery while indulging in a traditional alpine breakfast with regional products.
(registration required by Monday, 14th of September)

04:30 p.m. -
06:30 p.m.

Wine Tasting

We warmly invite you to our wine passage. Together with selected winemakers, you will learn all about our fine wines – from production to origin. Enjoy a relaxed evening, linger a while, and perhaps discover your new favorite wine. Selected wines from the Markowitsch winery are served, sourced via the Döllerer Weinhaus & Enoteca.

THURSDAY, 17. SEPTEMBER 2026

03:00 p.m. -
05:00 p.m.

Light Lunch | BBQ Afternoon

A cozy afternoon with specialties from our Big Green Egg awaits you. Enjoy culinary delights in our natural garden and on our panoramic terrace, accompanied by live music (weather permitting).

FRIDAY, 18. SEPTEMBER 2026

08:00 a.m. - **Hatha Yoga | Wild Herbs**

09:30 a.m. Inspired by wild herbs, this session guides you through an activating Hatha yoga practice.
Nature will also be experienced through taste: you can look forward to small wild delicacies.
(limited number of participants – registration required by 08.00 p.m. the evening before)

03:00 p.m. - **Farmers' Market at the Genussplatz**

05:00 p.m. Experience true regionality with local products to discover, taste, enjoy, and take home.

"If you want to taste the essence of a place,
you must experience it with all your senses."

SATURDAY, 19. SEPTEMBER 2026

Breakfast at the Genussplatz

Enjoy our cozy breakfast one last time before heading home.

We are already looking forward
to a very special week with wonderful people.

Let us bring this Week of Indulgence to a close together –
with many beautiful moments, new impressions,
and memories that will last.

Time for yourself and for meaningful conversations.
A week full of enjoyment, movement, and connection –
with lasting impressions.

Family Rettenwender

