

Immerse yourself in a world of relaxation

CONSULTATION

At the Hotel Berghof | St. Johann in Salzburg you can enjoy treatments tailored to your needs and well-being. We are happy to advise you, please inform us in advance about any health complaints or allergies.

BOOKING & INFORMATION

by telephone: +43 (0)6412/6181 or at the reception

TREATMENT & CANCELLATION

In order to offer pure relaxation during your treatment from the very first moment, we ask you to arrive 5 minutes before the agreed appointment and without a cell phone. We ask for your understanding that cancellations at short notice will be fully charged.

OPENING HOURS

The Berghof Spa is open daily from 09:00 a.m. to 07:00 p.m. and on sundays from 09:00 a.m. to 06:30 p.m.

CLOTHING

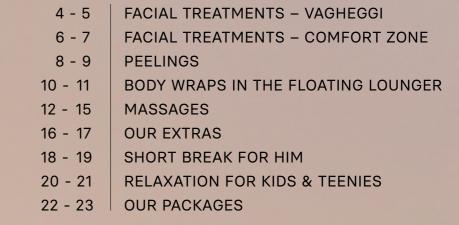
We would like to ask you to come to the treatments in conscious clothing or in a bathrobe.

CARE PRODUCTS FOR AT HOME

Would you like to use our care products at home too? We will be happy to put together your desired products and send them to your desired address.



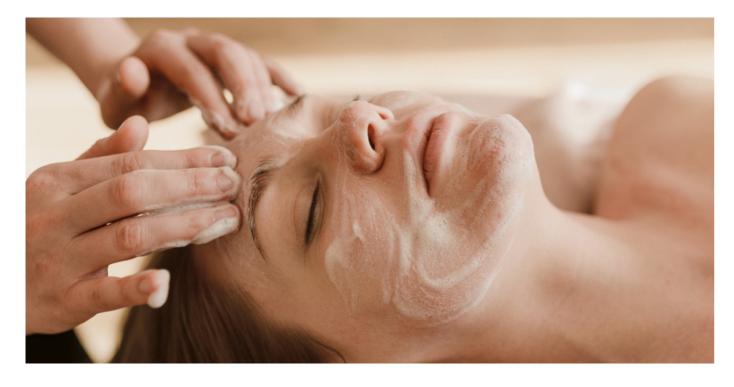






Facial Treatments Vagheggi

Is one of the first Italian companies to apply the tradition of natural cosmetics to the highest level of technology. This process makes it possible to produce the purest and most natural products.



VAGHEGGI

VAHEGGI is unique - is harmony

Freshness kick

An express treatment that gives the face immediate pampering moisture and new radiance.

- cleansing ritual
- exfoliation
- mask
- final care

25 min. € 52.00

A soothing treatment with maximum comfort and well-being. Gives a feeling of satisfaction and relieves tension in stressed, sensitive skin.

- cleansing
- enzyme exfoliation

Gentle touch

- massage with cool gel pads
- sos ampoule
- mask
- finishing cream

50 min. € 89.00

Flourishing radiance

Gives stressed skin instant radiance and energy with VITAMIN C. Citrus fruits of natural origin transform the treatment into an unforgettable wellness experience. Tired skin is fit again.

- cleansing
- exfoliation
- massage
- peel-off mask
- finishing cream

60 min. € 98.00

Fountain of youth

A royal treatment to reactivate the skin and oxygenate the tissue. A purple amethyst that moisturizes, tightens, redefines the contours and gives an extraordinary lifting effect.

- cleansing
- exfoliation
- deep cleansing
- eyebrow correction
- facial massage
- peel-off mask
- finishing cream

80 min. € 125.00

Facial treatments comfort zone

Our exclusive products with Italian roots are designed to achieve the most lasting results for every skin condition. Only the best ingredients of natural origin are used.



[comfort zone]

Based on science, supported by passion.

Harmony

The classic for combinating skin and impurities.

Has a balancing effect & refines the pores.

- cleansing with exfoliation and deep cleansing
- cooling seaweed mask
- final care

50 min. € 85.00

Pure moisture

A moisture booster for immediate moisturizing and radiance with an intensive effect.

- cleansing, exfoliation and deep cleansing
- eyebrow correction
- ampoule and facial massage
- hyaluronic mask and glow cream

80 min. € 120.00

Detox

Plant-based to detoxify the skin from environmental pollutants and impurities.

- enzyme peeling
- mask with chlorella and charcoal
- algae essence
- rolling massage

50 min. € 105.00

Premium Intensive

An effective anti-aging treatment for more elasticity and defined facial contours.

- cleansing, peeling and deep cleansing
- ultrasound
- hyaluronic fleece mask and care cream

80 min. € 135.00

VITAMIN POWER

For dull, tired and dry skin. For an immediate glow effect and relaxation of the facial features.

- cleansing
- clay mask with vitamin C
- gua sha stone massage
- jade roller

50 min. € 105.00

LUMINANT 3 BRIGHT

Corrects dark spots, hyperpigmentation and uneven skin tone.

- cleansing
- bright peel
- small massage
- mask

50 min. € 105.00

Peelings

A massage with fine exfoliating particles stimulates blood circulation, removes dead skin cells and promotes a radiant, soft and vital skin. Choose an essence that does nothing but good for your body.



Sea salt

Enriched with alpine herbs and almond oil.

A delicate coating for silky soft skin.

25 min. € 45.00

Rose

With ground rose blossoms and rice wax.

Gently exfoliating, harmonizing, balancing and relaxing.

25 min. € 45.00

Almond

Feel good with fruits from Italy. Renews and smoothes the skin with almond extracts, chestnut and walnut.

25 min. € 45.00

Tranquillity

Aromatherapy with a balancing effect. For instant skin renewal and radiant, silky skin. Intensively pampers the skin.

25 min. € 50.00



Our tip

For the perfect relaxation and care experience, we recommend a body wrap afterwards.

Body wraps in the floating lounger

Take a soothing break on our warm floating lounger.

With gentle music, you will feel a sense of well-being for body and soul,
combined with relaxation and excellent care.



Aloe Vera

Pampering program for dry and stressed skin.

Intensive care, makes your skin happy and supple. Also highly recommended for sensitive skin.

25 min. € 48.00

Alpine glow

Powerfully vitalizing with the scent of the Alps. Edelweiss, rosemary, peppermint and mountain pine contribute to relaxation and make your skin feel good all round.

25 min. € 50.00

Moor

Soothing for the back to loosen and relax the muscles with warm compress.

25 min. € 48.00

Effective firming

The black lava mask has a detoxifying effect and envelops the skin with sensations ranging from cold to warm. The body is supported in the reduction of fat deposits. Valuable oils and volcanic minerals nourish your skin afterwards.

40 min. € 78.00

Regeneration

A smoothing and toning treatment that improves the skin's hydration and restores its elasticity.

Thanks to its regenerating and revitalizing effect, it leaves the skin silky and compact.

30 min. € 65.00

Our tip

Combine your body wrap with a nourishing peeling.

Massages

The power lies in deep relaxation.

The peak of recovery.

Our individual massages specifically relieve the tensions and stresses of everyday life.





"Nature is the best guide in life." The roots are in nature. Kurland stands for the composition of sensible and effective formulas under the strictest quality controls. The result is effective products for skin care, health and well-being. For effective products with the best compatibility.

Full body massage

Tension in the muscles is balanced and the blood circulation in the body promoted.

50 min. € 78.00

Partial massage

Ideal for counteracting tension and improving blood circulation.

25 min. € 48.00

Combination massage

Soothing combination of a relaxing back and foot reflexology massage.

50 min. € 83.00

Foot reflexology massage

The foot is seen as a mirror of the body and activates the entire organism.

25 min. € 48.00

Sports massage

The best support for muscles and joints during regeneration after sport.

40 min. € 70.00

Relaxed back

Special massage with a focus on the back, neck and shoulders with sports cream.

40 min. € 70.00

Let go & relax

Muscle-relaxing, warming moor compress specifically on a back area of your choice. Enjoy a partial massage with arnica embrocation afterwards.

50 min. € 87.00

Breuss massage

Special energetic massage of the spine with St.

John's wort oil. It initiates the regeneration of undersupplied intervertebral discs.

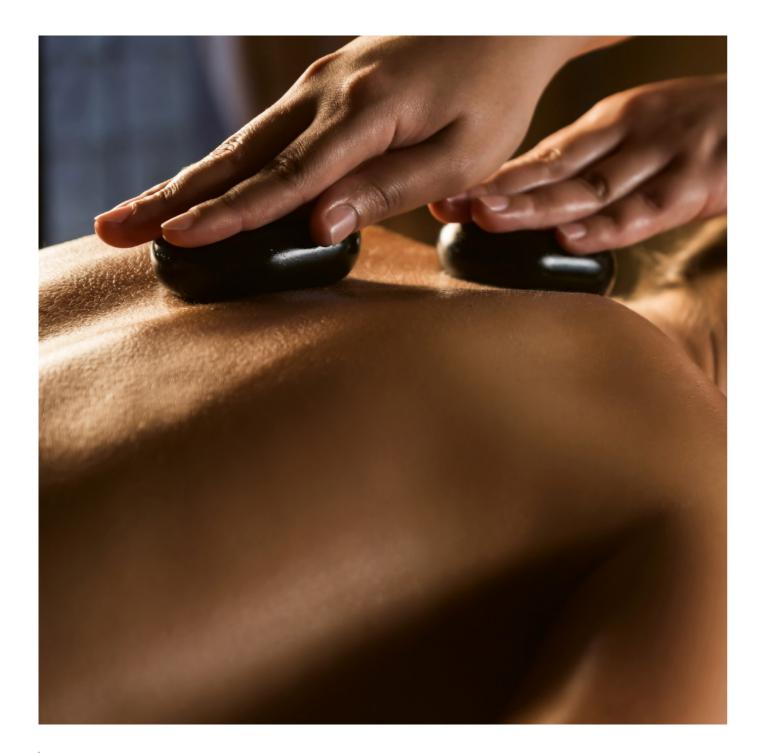
50 min. € 90.00

Balance

A soothing massage with a selected aromatic oil to suit the needs and mood of the moment.

Switch off and enjoy.

50 min. € 90.00 70 min. € 110.00



Tranquillity massage

Relaxing and calming effect with a unique blend of essential oils that enables deep rest. Ideal for relaxation.

50 min. € 90.00

Energizer

For tired, swollen or aching legs. Clay, peppermint and chestnut have a pleasant cooling effect and relieve swelling. Includes a foot and calf massage.

40 min. € 68.00

Hot Stone

The energy of the hot stones works deep down and relaxes the muscles. Works wonders for inner restlessness.

50 min. € 90.00

Herbal garden

Immerse yourself in a magical journey with hot herbal stamps and oils for regeneration and relaxation.

50 min. € 98.00

Forest feeling

Experience the wonderful scent of the forest all over your body and relax with a special massage technique using natural wooden tools.

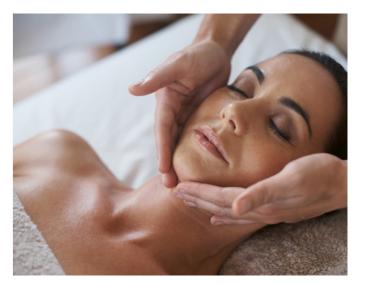
The perfect synergy between effectiveness and wellness.

45 min. € 98.00

Face and head massage

By relaxing the muscles, our facial expressions become noticeably friendlier. The light pressure on the head relaxes the whole body. The gentle way to relieve freedom of thought.

25 min. € 48.00



Our extras

Can be booked on their own or in addition to a selected treatment.



Pedicure with herbal foot bath

€ 62.00

Delight for your feet

Pedicure with peeling and nourishing wrap

€ 91.00

Manicure

€ 52.00

Polishing

€ 14.00

Delight for your hands

Manicure with peeling and nourishing wrap

€ 81.00

We would like to inform you that we do not offer gel nails and therefore cannot remove gel polish.

Bright eyes

- cooling eye mask
- eyelash and eyebrow tinting
- eyebrow correction

€ 75.00

Around the eye

| € 18.00 |
|---------|
| € 16.00 |
| € 14.00 |
| |

Depilation

| Legs to knee | € 38.00 |
|--------------|---------|
| Full legs | € 58.00 |
| Upper lip | € 16.00 |
| Chin | € 16.00 |

Intensive eyes

A special eye treatment for stressed, tired and sensitive eyes. A cooling mask reduces puffiness, bags under the eyes and signs of fatigue. Our tip: can be ideally combined with a facial treatment.

25 min. € 45.00

Short break for HIM

Because men's skin is different. Treatments and products are specially tailored to the needs of men's skin.

Tip: For a relaxed skin feeling, please shave one day before the treatment.



Men's exclusive

Plumping moisturizing care, nourishing and for more radiance. Effective and healthy.

- cleansing
- exfoliation
- deep cleansing
- mask
- finishing cream

50 min. € 78.00

Face and head massage

Become light and free. Harmonizes tension in the head area and facial muscles.

25 min. € 48.00

Pedicure with herbal foot bath

€ 62.00

Manicure

€ 52.00

Freshness boost

- small facial treatment to get to know 25 min.
- fleet on your feet: Pedicure with cooling balm for the calves

package € 99.00

Peak Conqueror

- calf massage with herbal oil 25 min.
- warm moor compress for the back
- back massage with vital balm 25 min.

package € 135.00

Nature lover

- men's exclusive facial treatment 50 min.
- relaxed back massage 40 min.
- warm moor compress for the back

package € 185.00

18

Relaxation for children & teenagers

Even our little ones need energy for everday life.

A break to relax and recharge is just as important for children as it is for adults.



Hands or feets for little enjoyers 5-12 years

- file & polish nails
- care cream

20 min. € 36.00

Gentle massage for little enjoyers 5-12 years

20 min. € 36.00

Clean skin feeling for teens 12-16 years

- cleansing
- exfoliation and cleanse out
- mask
- Aloe Vera gel

45 min. € 60.00

Just for girls

- small facial treatment with massage and mask
- small manicure with polish

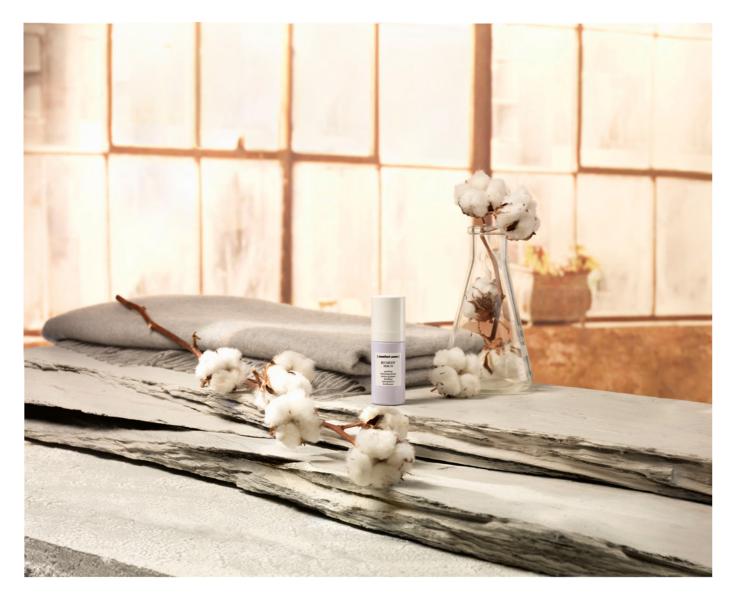
60 min. € 86.00



Our packages

Hours full of luxury.

Perfectly tailored packages take you into a world of relaxation.



Alpine magic

- sea salt peeling
- alpine glow cream body wrap
- face and head massage

package € 135.00

Thought break

- warming moor compress
- balance 50 min.
- face and head massage

package € 175.00

Complete indulgence

- pure moisture facial treatment
- rose peeling
- aloe vera cream body wrap

package € 187.00

A little time out for the mom-to-be

There are also rules for this wonderful time. We have a small package that you can also enjoy during your pregnancy.

- pedicure
- small facial treatment 50 min.
- eyebrow correction

package € 145.00





Give the gift of joy and say thank you with a Berghof voucher.

Our voucher can be ordered online or picked up directly at our reception.

, gifting, wellness, time out.

Family Rettenwender • Alpendorf ´A - 5600 St. Johann in Salzburg info@hotel-berghof.com www.hotel-berghof.com Price changes and errors excepted.

Pictures:

Hotel Berghof | St. Johann in Salzburg

Comfort zone 1. Adobe Stock, Pexels