



superior



Verwöhnhotel

Berghof

*Balance for body,
mind and soul*



Give the gift of happiness!

A personal gift voucher: for sharing joy with others, or for special occasions.



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Facial Treatments
for the Most Demanding Requirements

PHYTOMER



Piccolo Treatment

A quick treatment for face, neck, and décolleté, customised to your unique skin type.

approx. 60 min

€ 55,-

Hydro Optimal Treatment

To restore moisture in skin tissues for a lasting effect. A truly moisturising bath experience for your skin.

approx. 80 min

€ 85,-

Anti-Aging

The ultimate treatment for preserving a youthful appearance. Extremely powerful agents from the ocean provide visible firming and regeneration, and restore youth to your skin!

approx. 90 min

€ 95,-

Detoxification Treatment

When the skin's sebaceous glands get out of balance, problems such as shiny skin, a sallow tone, and impurities, including acne, can arise. This treatment provides deep-cleansing, detoxifying, and restorative benefits while creating a clear and relaxed appearance to the skin.

approx. 75 min

€ 75,-

Teen Treatment

Specially formulated for the needs of young skin.

approx. 50 min

€ 45,-

Sensitive Treatment

Specially made for sensitive, irritable skin, and couperosis. This treatment uses active ingredients including seawater and coral extract to impart a calming effect reducing redness and heating, and strengthening blood vessels. This serves as the basis for strengthening the skin's own natural defences.

approx. 80 min

€ 85,-

Saltwater Pearls Beauty Ritual

Using a series of gentle facial massages with marine compresses, including algae gel and saltwater pearls, this ritual supplies the skin with all the nutrients and mineral salts essential for balancing and restoring moisture. The compress massages dissolve tension and create a luxurious feeling of intensive well-being. Skin becomes softer, pleasantly smooth, and more moisturised.

approx. 50 min

€ 55,-

Special Eye Treatment

This treatment smoothes fine lines and reduces wrinkles and crow's feet. This special eye zone treatment loosens and relaxes the tissue.

approx. 25 min

€ 30,-

This can be arranged as a complement to any facial treatment!

€ 15,-

Facial Treatments Vie Collection



Vie Collection is a system of personalised skin care based on individual requirements. The purpose of each treatment is highly specific and targeted: for example to smooth skin, correct deep wrinkles, or remodel the contours of the face.

The structure of the skin receives new strength, becoming smoother, more alive, more beautiful, and rejuvenated.

Micro - D Treatment: Microderm Abrasion

The professional Micro-D massage technique removes the dead skin cells from the uppermost layer of skin using siliceous earth. The result is a smoothed skin silhouette and reduction in wrinkles, providing a totally renewed look to the skin.

approx. 50 min € 50,-

Sculpt Ovale

This treatment is specially customised to the purpose of lifting the face's contours. Rare active agents work in a targeted manner to slow the symptoms of skin ageing and firm the contours of the face. Weakened tissues receive new strength, allowing an effective restructuring of the skin.

approx. 60 min € 65,-

Restructuring Lifting Treatment

This special treatment targets exactly those wrinkles and lines on the skin's surface which cause a creased appearance to the face. Professional techniques and a special serum smooth the structure of the skin. Targeted micro-lifting agents reduce small wrinkles around the cheekbones and forehead, firming the skin to restore youthful radiance and luminosity.

approx. 60 min € 65,-

Precision Wrinkle Treatment

This highly effective, targeted treatment reduces deep lines in the face, such as wrinkles in the forehead area, frown lines, nasolabial creases, crow's feet, and wrinkles around the mouth. An efficient complex of marine active agents goes to work at the centre of the wrinkle, visibly reducing the depth of the lines.

approx. 60 min € 75,-

Premium Treatment

This treatment combines all of the special treatments above to create a unique care regimen for a more youthful appearance.

approx. 90 min € 105,-



*St. Barth
facial and Body Treatments*



Pureness

Experience an extraordinarily gentle treatment for the face, neck, décolleté, and hands. The precious botanical care products with natural vitamins and minerals intensively clarify the skin and awaken its innate restorative activities. For a clearer, even, fresh radiance to the skin.

approx. 75 min

€ 85,-

Freshness

Enjoy an intensively relaxing and rejuvenating treatment for the face, neck, décolleté, and hands. The precious botanical care products with natural vitamins and minerals work in concert with fresh papaya pulp to care for your skin. Marvellous Caribbean aromas transport you to an exotic world.

approx. 90 min

€ 105,-

Caribbean Feeling

A peeling, nutritive packing with avocado oil.

approx. 50 min

€ 55,-

Softness

A relaxing body peeling for a smooth, supple and even skin appearance. The fruit enzymes in fresh papaya, along with a special sea sand complex, remove dead skin flakes. Pure coconut oil pampers the skin with precious nutritive ingredients.

approx. 25 min

€ 35,-

Sensation

This beneficial body packing provides intensive moisture and true pleasure for all the senses. Enjoy a subsequent gentle massage while you relax in the aroma of precious oils. You will gain a visibly refined, silky-smooth skin radiance over the entire body.

approx. 55 min

€ 65,-

Harmony

A relaxing, luxurious massage with individually selected care products. Improves elasticity in connective tissues, smoothes and firms the skin, and supports natural drainage in the lymph system.

approx. 55 min

€ 60,-

St. Barth Dream

The aromas of coconut, vanilla, and tiare flower transport precious minerals and vitamins into the skin. This luxurious beauty bath provides your skin with a long-lasting silky shimmer.

approx. 20 min

€ 25,-



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Additional Beauty Treatments

Eyelash tinting	€ 9,-
Eyelash tinting and active marine compounds pads	€ 22,-
Eyelash and brow tinting	€ 15,-
Eyebrow sculpting	from € 5,-
Nail polish	from € 4,-
Pedicure with botanical herb bath	€ 34,-
Aromatic foot packing	€ 12,-
Manicure	€ 28,-

Cooling Leg and Vein Treatment

A direct-action feeling of freshness provides relief for heavy legs. The effect lasts for hours after the treatment.

Especially suitable for expecting mothers and for those with swelling or circulation problems.

approx. 40 min € 42,-

Peach-Paraffin Hand Packing

For wonderfully soft hands and ample moisturising. Ideal as a complement to your facial appointment.

€ 15,-

Luxury for your Hands

With peeling, manicure, and paraffin hand packing.

approx. 55 min € 49,-

Relaxing Facial Massage

For true indulgence!

approx. 25 min € 25,-

Facial Ultrasound with Cupping

Provides increased circulation for tired skin, removing waste products and firming the skin.

approx. 25 min € 35,-

Course of 5 treatments € 160,-

Depilation

Both legs	€ 46,-
Legs, to knee	€ 29,-
Bikini line	from € 15,-
Armpits	€ 15,-
Upper lip	€ 8,-
Chin	€ 8,-

Baths with Whirlpool

Marine Algae Bath

Wellness from the power of the sea. Algae provide intensive moisture, a detoxifying effect and stimulates metabolism to remove waste products.

approx. 20 min

€ 25,-

Oligomer Bath

Freeze-dried sea water contributes to regenerative processes, balancing the body and supplying the skin with minerals.

approx. 20 min

€ 25,-

Thalasso Bath Ritual

With subsequent warm oil anointing.

approx. 45 min

€ 50,-

Revitalising Botanical Herbs Bath

Shea butter and the precious lipids found in almonds and jojoba nuts create baby-soft skin with a silky shimmer. Essential oils, including lavender, lemon balm and eucalyptus provide unique benefits.

approx. 20 min

€ 25,-



*Weightless Relaxation
in the Soft-Pack Bed*



This is the best opportunity to experience true well-being. You will float weightlessly in a warmed, pleasant waterbed. The entire body is brought into a state of deep relaxation.

Moer Mud Packing

Formulated especially for the back. An anti-inflammatory, pain-reducing, and muscle-relaxing treatment!

approx. 25 min € 25,-

Algae Packing

Enjoy the sea's natural substances for cleaving fats and improving the human figure. This detoxifying, water-balancing packing supplies moisture and precious minerals to your skin.

approx. 45 min € 45,-

Evening Primrose Oil Creme Packing

The evening primrose is the queen of the plant kingdom. Give your skin the gift of this special experience. The treatment works naturally to combat the ageing process, strengthening the skin barrier and balancing moisture and fat.

approx. 25 min € 35,-



Sea Salt Body Peeling

You may arrange the sea salt body peeling in combination with the evening primrose oil creme packing.

Peeling, approx. 20 min € 28,-

Peeling and packing, approx. 50 min € 58,-

Sculpteur Integral

The slim-sensation: a combined slimming and cellulite treatment with patented warming thermo-reduction mud for immediately visible results on the stomach, legs and buttocks. Includes the channelling of body serums using ultrasound.

approx. 55 min € 65,-

Course of 3 treatments € 176,-



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Relaxation and Wellness for Men



Special Facial Care for Him

With exclusive marine compounds custom-tailored to a man's skin. Stores an abundance of moisture and gives tired skin a healthy, strong impression.

approx. 60 min

€ 65,-

Sampler Treatment for Him

Relaxing facial massage, partial massage, Jacuzzi bath.

€ 71,-

Beauty Day

Facial treatment, pedicure, partial massage, moor mud packing.

€ 137,-

For our Young Guests



Small Facial Treatment

Specially formulated for the needs of young skin.

approx. 50 min

€ 45,-

Children's Luxury Massage

(up to 15 years old)

approx. 20 min

€ 20,-

Chocolate Massage

The sweetest way to relax.

approx. 25 min

€ 25,-



Teenager Sampler Package

Facial treatment, manicure, small back massage.

€ 81,-

Spa Appointments



Caribbean Dream

Pureness facial treatment, exotic beauty bath, Softness & Sensation treatments.

€ 189,-

Anti-Stress Day

Aromatic oil massage, hydro optimal facial treatment, combination sea salt peeling and evening primrose oil creme packing, pedicure.

€ 212,-

Power for the Figure

“Sculpteur Integral“ problem zone treatment with ultrasound, algae bath, sea salt body peeling.

€ 106,-

Back Regeneration

Oligomer bath, moor mud packing, partial massage, back and neck massage.

€ 108,-



Everything for the Legs and Feet

Foot reflex zone massage, including warming sea mud on the back, pedicure, foot and leg massage or cooling leg packing to release blockages.

€ 90,-

Intensive Wellness for Connoisseurs

Lomi Lomi, Hot Stone, lavender compress massage.

€ 220,-

Berghof's Intensive Beauty Week

Vie Premium facial treatment, eye treatment, pedicure, luxury treatment for the hands, sea salt body peeling, evening primrose oil packing, hot stone massage, back and neck massage, beauty bath.

€ 367,-



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Massages



Full Body Massage

This application enhances blood circulation in the entire body, balancing tension and relaxation in the musculature.

approx. 50 min € 49,-

Partial Massage

Ideal for combating tension with a targeted treatment.

approx. 25 min € 28,-

Sports Massage

This massage works with the musculature in the entire body. Especially suitable after athletic activity and for stubborn tension spots.

approx. 50 min € 54,-

Foot Reflexology Massage

The foot is considered the mirror of the entire body in this technique. This treatment mobilises the body's own reserves to increase vitality and energy. Activates the entire organism.

approx. 25 min € 28,-

Combined Massage

This is an ideal combination of a back massage and foot reflex zone massage.

approx. 50 min € 50,-

Acupuncture Massage

This is a massage technique from Asia based on the principle of energy training. The goal is to restore balance to the energy influences in the energy pathways.

approx. 50 min € 50,-

Back- and Neck Massage

Warm aromatic oils provide relief especially for the back.

approx. 40 min € 42,-

Manual Lymphatic Drainage

A pleasantly gentle massage which stimulates intensive detoxification and lymph circulation.

approx. 25 min € 28,-

approx. 50 min € 50,-



*Massages for Relaxation
and Well-Being*



Aromatic Oils Massage

Relaxing and stimulating massage with precious aromatic and therapeutic oils. Brings new energy and well-being to the body.

approx. 50 min

€ 58,-

Lavender Compress Massage

Total relaxation and regeneration with a special massage technique inspired by a traditional Thai method. A full-body sea salt crystal peeling paired with warm lavender compresses for absolute well-being and smooth, supple skin.

approx. 70 min

€ 75,-

Hot Stone Massage

The energy from hot stones gliding gently over the body brings harmony and well-being to the body. Spoil your senses! The body and soul plunge into a state of deep relaxation where stress disappears.

approx. 50 min

€ 60,-

Lomi Lomi Nui

Is the Hawaiian expression for massage... It means press, knead, rub as well as work with the body and the soul. The Lomi Lomi Nui technique is based on a natural treatment for the human organism, constituting a holistic approach to massage in the truest sense of the word. The method does address the whole person, dissolving blockages and tension from deep inside.

approx. 90 min

€ 110,-

Relaxation Massage with Warming Sea Mud on the Back

Just like holiday at the sea! This treatment combines an escape from the everyday with true relaxation. Selected tonics containing mineral salts, proteins, and vitamins restore the body's nutrients and stimulate lymph circulation.

approx. 50 min

€ 60,-



Ayurvedic Treatments



Abhyanga

Full-body oil massage. A feeling of deep relaxation and rejuvenation arises when your skin is drenched in warm oil. Experience peace for the body and soul, along with beneficial care for your skin using precious, matured sesame oil. A subsequent visit to the steam bath helps support the detoxifying effect of this magical treatment.

approx. 90 min

€ 105,-

Mukabhyanga

Facial massage with head and upper body massage. Precious products, including sandalwood and almond oil, and optionally sesame oil or coconut oil and rose water, are employed in this massage for their unique properties. Experience deep relaxation and regeneration for your facial tissues and musculature with a massage that stimulates the body's pressure points.

approx. 50 min

€ 60,-

Padabhyanga

Massage for legs and feet. Experience relaxation for tired feet and legs with this gentle, beneficial technique using warm sesame oil and ghee. A pressure point massage for the feet provides the final complement to this marvellous treatment.

approx. 50 min

€ 60,-

Information

Opening times

The beauty area is open daily from 9am to 7pm.

Cancellations

In the event that you have to cancel your appointment, we kindly request that you inform us adequately prior to the date, otherwise a cancellation charge will apply. Thank you for your understanding!

Appointments for Treatments

In order to guarantee you the optimal and personalised time for your appointment, we kindly request that you make the arrangement directly at the beauty reception, or by calling us at +43 (0) 6412/6181-500.

Attire

A basket with hand towels, bathrobes, and shoes is provided in your room for use in the wellness facilities. We request that you arrive for your treatment in comfortable clothing or a bathrobe.

Treatments

In order to make your treatment a fully relaxing experience, we request that you arrive five minutes before the start of your scheduled appointment. Likewise, we request that you refrain from using your mobile phone in the Berghof Spa.



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